

GRANBY PARKS & RECREATION COVID-19 ACTION PLAN FOR SUMMER SPORTS/ENRICHMENT CAMPS

The Connecticut Office of Early Childhood (OEC) provides to summer camp programs the following information in response to the many questions and concerns that it is receiving from youth camps pertaining to the impact of the COVID-19 pandemic. This memo provides guidance.

Day camps may begin operation on June 22, 2020. Staff training may begin before June 22, 2020. As of June 22, 2020, all operating day camps shall comply with the guidelines in this Memo. All schools are encouraged to permit day camps to use their facilities, provided cleaning and modifications can be arranged in time. The following requirements are included in the Granby Parks & Recreation Action Plan for operating during this public health emergency.

GENERAL REQUIREMENTS

- Camp must cover a “meal”
- Staff must wear masks at all times. Campers do not have to
- Program of 30, groups of 10
- Appropriate social distancing within groups
- Must provide opportunity for a “meal”
- No sharing of equipment. If balls, balls, etc are shared they must be disinfected often.

CHECK IN PROCESS

- 3 separate areas for check in for each group
- Temps taken at each group
- Sign in and sign out is not needed. Staff will verify parent pick up by parents showing their license while maintaining social distancing.

HEALTH SCREENING

- Staff must take forehead temps (done by Director) each day and document.
- Staff to confirm via forehead thermometer that there is no fever and document.
- Staff or children who have temp greater than 100 degrees are not permitted into the program.
- Maintain sufficient distance when taking temps
- Disinfect thermometer after each screening if it has come in contact with child (using wipes)
- Disinfect thermometer after each morning

- Designate a “sick area” if child is suspected of symptoms

HAND HYGIENE

- Handwashing should be for 20 seconds
- Alcohol based hand sanitizer can be used (before coming in contact with a child, before and after eating, after sneezing, coughing or blowing nose, after using restroom, after touching or cleaning surfaces, after using any shared equipment)
- Hand sanitizer will be provided to each group by the Parks & Recreation Dept.
Remaining hand sanitizer must be brought back to the office the last day of your camp.
 - Rub your hands together. Make sure the product contacts the back of your hands, palms, between your fingers, and fingertips. Continue to rub your hands together until your hands are dry (about 20 seconds).

PROTOCOLS FOR INTENSIFIED CLEANING & DISINFECTION

- Bathrooms:
 - There will be set “bathroom break time” for each group.
 - There will be two designated toilets and sinks for camp. Other toilets and sinks will be blocked off.
 - Common surfaces be sprayed down with Lysol after each group is done (faucet handles, door handles, light switches, toilet seats, flushes, faucet handles, soap dispensers, paper towel dispensers, etc).
 - Common surfaces in Port-O-Pottys must be sprayed down after each group with Lysol.
- General
 - Common doors that you would use to go in and out will be chalked open when appropriate and according to fire code.
 - Common surfaces such as light switches, door handles, etc will be cleaned after every camp day.

REPORTING COVID CASES

- Please notify the Parks & Recreation Department if there is a suspected case of COVID right away.
- Reporting will be done by the Parks & Recreation Department
- Close off areas used by the person who is suspected of having symptoms

INFORMED CONSENT

- Camp Director must submit to Parks & Recreation the “Informed Consent” form one week prior to the start of camp.
- Campers have filled this outline when registering

The details below provide additional information from the State of CT and expand upon the information outlined above. Please contact the Parks & Recreation Department should you have any questions or require further information.

Health Screening

- All staff and children are required to be screened for any observable illness, including cough or respiratory distress, and to confirm temperature below 100 degrees Fahrenheit. Staff or children who have a temperature greater than 100 degrees are not permitted into the program per Executive Order 7Q. Programs may ask parents to take their child's temperature upon arrival. Disinfection of the thermometer should be incorporated into the screening procedures. When conducting screening, the camp should consider the following.
 - The health screener does not need to wear personal protective equipment (PPE) if a distance of 6 feet is maintained while performing this action.
 - Maintaining sufficient distance, or a physical barrier, between the health screener and the child or staff member being screened is recommended.
 - If social distancing or barrier/partition controls cannot be implemented during screening, PPE must be used when within 6 feet of a child. However, reliance on PPE alone is a less effective control measure and more difficult to implement given PPE shortages and training requirement.
- Camps shall identify, per licensing requirements, a plan for a child or children who develop an elevated temperature or who may become ill, i.e. a "sick room." You are encouraged to develop and review this plan with the Camp Physician or Camp APRN prior to the start of camp. Input from your local health department is also advisable.

Masks/Social Distancing/Workplace Safety

- Use of a mask or cloth face covering for each employee at all times while in the workplace as directed by the Department of Economic Development Safe Workplace Rules for Essential Employees per Executive Order 7BB is required. Instructions for use of cloth face covering are available from the CDC. Executive Order 7BB does not require the use of face masks by:
 - anyone for whom doing so would be contrary to his or her health or safety because of a medical condition;
 - a child in a child care setting;
 - anyone under the age of 2 years, or an older child if the parent, guardian or person responsible for the child is unable to place the mask safely on the child's face.
- Appropriate social distancing strategies shall be implemented. Social distancing is required, and may take many forms as outlined by CDC with a dedicated section for "social distancing strategies" in its guidance for child care programs that remain open.
- Camps shall comply with the requirements listed in the Department of Economic Development Safe Workplace Rules for Essential Employees per Executive Order 7V.

Hand/Respiratory Hygiene/Enhanced Cleaning and Disinfection

- Regular hand washing by staff and children with soap and water for at least 20 seconds should be done: 1. Before coming in contact with any child; 2. Before and after eating; 3. After sneezing, coughing or nose blowing; 4. After using the rest room; 5. Before handling food; 6. After touching or cleaning surfaces that may be contaminated; and 7. After using any shared equipment like toys, computer keyboards, mouse.
- If soap and water are not available, alcohol-based hand sanitizer shall be used. Use of alcohol based hand sanitizers should always be supervised by adults.
- All staff shall cover coughs and sneezes with tissues or the corner of the elbow. Children shall be encouraged, when appropriate to cover coughs and sneezes with tissues or the corner of the elbow, and soiled tissues shall be disposed immediately after use.
- Protocols for intensified cleaning and disinfection shall be implemented.

Group Size

Group size shall be limited to no more than 10 children, and permission from OEC shall be obtained to serve more than 30 children per Memo #15, Reduced Group Size and Enhanced Health Procedures for Child Care Programs During COVID-19 Emergency

Reporting COVID-19 Cases

- If a child or staff member who has been present in the program is diagnosed with COVID-19, the camp must notify families and staff of the program about the exposure.

In February 2020, COVID-19 was added to the List of Reportable Diseases. Those required to report such diseases must report cases of COVID-19 infection immediately to the Connecticut Department of Public Health and to the local department of health in the town of residence of the case-patient by telephone on the day of recognition or strong suspicion of the disease. The COVID-19 report form is available on the DPH website at <https://dphsubmissions.ct.gov/Covid/InitiateCovidReport>

Additional practices to those below may be recommended to the provider in consultation with the local health department or the CT Department of Public Health.

- Contact your local health department or the CT Department of Public Health.
- Determine the date of symptom onset for the child/staff member.
- Determine if the child/staff member attended/worked at the program while symptomatic or during the two days before symptoms began.
- Identify what days the child/staff member attended/worked during that time.
- Determine who had close contact with the child/staff member at the program during those days (staff and other children)

- Exclude the children and staff members who are determined to have had close contact with the affected child/staff member for 14 days after the last day they had contact with the affected child/staff member.
- Conduct appropriate cleaning and disinfection:
 - Close off areas used by the person who is sick.
 - Open outside doors and windows to increase air circulation in the areas.
 - Wait up to 24 hours or as long as possible before cleaning or disinfecting to allow respiratory droplets to settle before cleaning and disinfecting.
 - Clean and disinfect all areas used by the person who is sick, such as offices, bathrooms, and common areas.
 - If more than 7 days have passed since the person who is sick visited or used the facility, additional cleaning and disinfection is not necessary.
 - Continue routine cleaning and disinfection.

Depending on the size of the program and the number of people affected, closure of a particular room in the program (for larger programs) or the entire program might need to be considered. Specific situations and exposures can be discussed with the local health department or the Department of Public Health (860.509.7994).

Informed Consent

- Camps shall inform and obtain signed consent on the form posted on the OEC website from all staff and the parent(s) of all children enrolled that they have received notice of the following:
 - People who are 65 years and older and people of any age who have serious underlying medical conditions or are at higher risk for severe illness from COVID-19 are recommended to stay at home. A list of medical conditions associated with a higher risk of severe illness from COVID-19 can be found in CDC's guidance. Individuals and families should consult their healthcare provider to determine whether they have medical conditions that place them at risk.
 - Staff and children living in households with individuals who are 65 years and older OR have higher risk for severe illness from COVID-19 are recommended to stay home.

INFORMED CONSENT

I hereby attest that I have been informed of the following pertaining to the coronavirus:

- People who are 65 years and older and people of any age who have serious underlying medical conditions or are at higher risk for severe illness from COVID-19 are recommended to stay at home. A list of medical conditions associated with a higher risk for severe illness from COVID-19 can be found in the CDC's guidance. Individuals and families should consult their healthcare provider to determining whether they have medical conditions that place them at risk.
- Staff and children living in households with individuals who are 65 years and older OR have higher risk for severe illness from COVID-19 are recommended to stay home.

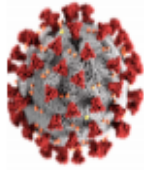
Signature of Staff or Parent/Guardian

Printed Name

Child's Name (if a parent/guardian)

Date

What you should know about COVID-19 to protect yourself and others



Know about COVID-19

- Coronavirus (COVID-19) is an illness caused by a virus that can spread from person to person.
- The virus that causes COVID-19 is a new coronavirus that has spread throughout the world.
- COVID-19 symptoms can range from mild (or no symptoms) to severe illness.



Know how COVID-19 is spread

- You can become infected by coming into close contact (about 6 feet or two arm lengths) with a person who has COVID-19. COVID-19 is primarily spread from person to person.
- You can become infected from respiratory droplets when an infected person coughs, sneezes, or talks.
- You may also be able to get it by touching a surface or object that has the virus on it, and then by touching your mouth, nose, or eyes.



Protect yourself and others from COVID-19

- There is currently no vaccine to protect against COVID-19. The best way to protect yourself is to avoid being exposed to the virus that causes COVID-19.
- Stay home as much as possible and avoid close contact with others.
- Wear a cloth face covering that covers your nose and mouth in public settings.
- Clean and disinfect frequently touched surfaces.
- Wash your hands often with soap and water for at least 20 seconds, or use an alcohol-based hand sanitizer that contains at least 60% alcohol.



Practice social distancing

- Buy groceries and medicine, go to the doctor, and complete banking activities online when possible.
- If you must go in person, stay at least 6 feet away from others and disinfect items you must touch.
- Get deliveries and takeout, and limit in-person contact as much as possible.



Prevent the spread of COVID-19 if you are sick

- Stay home if you are sick, except to get medical care.
- Avoid public transportation, ride-sharing, or taxis.
- Separate yourself from other people and pets in your home.
- There is no specific treatment for COVID-19, but you can seek medical care to help relieve your symptoms.
- If you need medical attention, call ahead.



Know your risk for severe illness

- Everyone is at risk of getting COVID-19.
- Older adults and people of any age who have serious underlying medical conditions may be at higher risk for more severe illness.



Your symptoms can include the following:

Fever



If you have COVID-19, you may have mild (or no symptoms) to severe illness.

Symptoms can appear 2-14 days after you are exposed to the virus that causes COVID-19.

Cough



Look for **emergency warning signs*** for COVID-19. If someone is showing any of these signs, **seek emergency medical care immediately**

- Trouble breathing
- Persistent pain or pressure in the chest
- New confusion
- Inability to wake or stay awake
- Bluish lips or face

Shortness of breath



* This list is not all possible symptoms. Please call your medical provider for any other symptoms that are severe or concerning to you.



[cdc.gov/coronavirus](https://www.cdc.gov/coronavirus)

Stop the Spread of Germs

Help prevent the spread of respiratory diseases like COVID-19.

