

Daily Schedule Sample

8:30-9	Campers Arrive, Check In
9:00	Warm-up and Skill of the Day
9:30 -11	Drills & Skills Stations
11- 12	Full-Court Games (1 st set)
12 - 12:30	Lunch Break
12:30 - 1	Guest Speakers/Contests
1 - 2:00	Full-Court Games (2 nd set)
2 - 2:45	Swimming/1 on 1 with Counselors
2:45 - 3:00	Final Thought of the Day & Pick up



“You can do anything you want to if you believe in yourself. Don’t let anyone tell you ‘you can’t’. Continue to work hard and DREAM BIG and the sky’s the limit!” -Kara Wolters



Camp Staff

We’ve assembled an outstanding and experienced staff of high school coaches and Division 1 collegiate players to provide the best possible instruction. Our staff will focus on the fundamentals and teach you the game so you can develop your hoop skills. The staff will work with you, encourage you, and inspire you to become the best basketball player you can!

Kara Wolters - 18th year of running “Dream Big” Basketball Camps. Private basketball coach for many years. Former UCONN standout, WNBA player, and 2000 Olympic Gold Medal Winner!

Director - **Kristen Mahoney** 18th year of running “Dream Big” Basketball Camps. Former JV Girl’s Coach, Holliston High School (MA). Former women’s basketball player at URI.

Justin Dalessio - Boy’s Varsity Head Coach, Cathedral High School (MA) (8th year)

***UCONN Women Basketball Players as Counselors**

* Specific UCONN players have yet to be determined based on availability.

Past Counselors Include:

Caroline Doty	Tiffany Hayes
Stefanie Dolson	Morgan Tuck
Kiah Stokes	Heather Buck
Bria Hartley	Gabby Williams
Kyla Irwin	Saniya Chong





Basketball Camp for Girls!

2017



East Hartford HS, CT

 July 17th -21st Grades 4 -10
EH residents \$275 / non-residents \$295
869 Forbes Street, East Hartford, CT
www.easthartfordct.gov/parks-recreation

 East Longmeadow HS, MA
July 31st- August 4th Grades 5-10
Cost per camper: \$295
180 Maple Street, East Longmeadow, MA

Camp Information

Eligibility

Camp is open to girls based on the grade they are entering as of September 2017.

Camp Hours

9:00am - 3:00pm M-F

*Camp ends each Friday with a tournament and awards ceremony open to the family beginning at 1:00 pm. There will be an autograph session immediately following awards.

Fees

East Hartford HS, CT cost: **Resident \$275**
Girls Grades 4-10 **Non-Resident \$295**
Through EH Recreation Department

East Longmeadow HS, MA
Girls Grades 5-10 **cost: \$295**

Deposit (ELM Only)

\$100 deposit or full payment is required to reserve a spot for each camp per girl. Payment is due with registration. Please send any balance due for ELM camp on or before July 27th.

Discounts (ELM Only)

Participants qualify for **one discount only**
Sibling discount: \$20 off each sibling, Early sign-up: \$15 off (by April 1, 2017)

*Group/team discount (5 or more): \$15 off each girl.

*Group/team must register together for the discount to apply.

Registration Deadlines

East Hartford HS: July 14

East Longmeadow HS: July 28

Refund Policy (ELM only)

In full (less \$50 processing fee) up until June 1. After that NO REFUNDS, except for medical reasons. You must have a physician's note explaining nature of injury or illness to receive refund (any refunds less \$50 processing fee).

Lunch

Lunch should be brought by each camper. Please bring lunch in an insulated container with name marked. Gatorade, water, and snacks can be purchased at the canteen.

Features

- ◆ Learn on court drills and off court skills from UCONN great & Olympic Gold Medalist Kara Wolters.
- ◆ Experienced staff & UCONN players for counselors!
- ◆ Campers grouped according to grade and ability.
- ◆ Special guest speakers share their knowledge & tips
- ◆ Learn offensive, defensive & team skills to help improve camper's game.
- ◆ Individual & team competition events
- ◆ Camp photographer (may purchase pictures)
- ◆ Free "Dream Big" T-shirt & autographed picture
- ◆ Swimming (ELM HS ONLY)

Questions:

Call: 860-749-3573 or 508-472-5222
Camp Director: Kristen Mahoney
Email: info@karawolters.com
website: www.karawolters.com

About Kara



One of UCONN's all-time greats, Kara is one of the most accomplished female basketball players in the world! Just to list a few of her achievements:

- ◆ Undefeated National Champion UCONN 1995
- ◆ 2000 Olympic Gold Medalist
- ◆ WNBA Championship, Houston Comets 1999
- ◆ World Championship, USA Basketball 1998
- ◆ World University Games - Gold Medal Winner!
- ◆ Collegiate Player of the Year & too many more to name!
- ◆ Currently the analyst for UCONN Women's Basketball on SNY



"I'm very excited about hosting our eighteenth year of 'Dream Big' because it combines on-court drills and off-court skills to not only make you a great basketball player, but also a well-rounded individual. See you there!"

Kara Wolters #52

Please mail registration, a copy of most recent physical and immunization record, and \$100 deposit or full payment to:

Dream Big Basketball Camp
PO Box 6055
Holliston, MA 01746